

**44<sup>th</sup> Annual Conference**  
**Crowne Plaza San Francisco Airport Hotel, Burlingame, CA**  
**November 2<sup>nd</sup>-4<sup>th</sup>, 2018**

## Conference Schedule

### Pre-Conference Workshops

*Friday, November 2nd*

	<i>Bayside Room I</i>	<i>Bayside Room II</i>	
<b>1:00 – 5:00 PM</b>	<b>Frank DeGregorio: Workshop</b> General Introduction to Biofeedback Peripherals workshop	<b>1:00-5:00</b>	<b>David Siever : Workshop</b> Stimulation Technologies: Audio-Visual Stimulation, Cranio-electro Stimulation and transcranial DC Stimulation
<b>5:10pm-6:10pm</b>	<b>Dr. George Fuller von Bozzay</b> The Health Technology Revolution: Update on New Wearables and Apps for Biofeedback and Neurofeedback		
	<i>Bayside Room I &amp; II</i>		
<b>6:15–6:30 PM</b>	<b>Conference Begins</b> <b>President’s Welcome</b>		
<b>6:30 – 7:30 PM</b>	<b>Panel:</b> "Toward the integration of personal use with therapist-guided and medical applications of self-regulation technologies. Changing roles in the healthcare economy." <b>Lurie, Siever, Grove, Fleischman</b>		
<b>7:30 - 9:00 PM</b>	<b>President’s Reception Party</b>		

Saturday, November 3rd

**SPEAKERS**

<p><b>7:30 – 8:30 AM</b></p>	<p><i>Light Breakfast – Bayside Room</i></p>	
	<p><i>Plaza I</i></p>	<p><i>Plaza III</i></p>
<p><b>8:30 – 9:30</b></p>	<p><b>Dr. Stephen Sideroff, Yair Lurie, and Beth Argus</b>          Strategies for use of 24 hour HRV monitoring:          Research and clinical implications          1. Methodological and research considerations for continuous HRV biofeedback and monitoring          2. Awareness and feedback training with anxiety and pain patients          3. Sustaining the benefits of a stress management and resilience employee assistance program</p>	<p><b>Dr. Stuart Silberman</b>          Utilization of Neurofeedback in Self-Regulation of MTBI and RAD</p>
<p><b>9:40 - 10:40</b></p>	<p><b>Dr. Bob Grove –</b>          EMG biofeedback- A Comprehensive Perspective</p>	<p><b>Jay Gunkelman</b>          Training or Treating: working with medically diagnosed clients</p>
<p><b>10:50 - 11:20</b></p>	<p><b>Esther Gokhale and Elyse Shafarman</b>          Somatics Panel</p>	<p><b>Sandra Beltran</b>          Default Network Training (DNT) and Eating Disorders</p>
<p><b>11:30 – 12:30</b></p>	<p><b>Future Directions for WABN</b>  <b>What is its essential role and contribution to the field and to the membership?</b>  <b>Gary Schummer, Joy Lunt, Jay Gunkelman, Siegfried Othmer</b></p>	
<p><b>12:30 – 1:30</b></p>	<p><b>Annual Membership Meeting (<i>Plaza II</i>)</b>  <b>Box Lunch Provided</b></p>	
<p><b>1:40 – 3:10</b></p>	<p><b>Dave Siever</b>          Concussion, TBI, its Relation to Alzheimer’s/Chronic Traumatic Encephalopathy and its Treatment with Audio-Visual Stimulation</p>	<p><b>Dr. Erik Peper</b> workshop (Posture)</p>

<b>3:20 – 4:20</b>	<b>Dr. Siegfried Othmer</b> Systematic Appraisal of CPT data over ten years: Implications for Neurofeedback	<b>Dr. David Kaiser</b> Bimodulation Training and Default Network Therapy (two- hour workshop- 2CEs)
<b>4:30-5:30pm</b>	<b>Dr. Hanno Kirk</b> Astroglia as the key to self-regulation of the brain, implications for Neurofeedback	
<b>7:00 – 9:00</b>	<b>Dinner Banquet</b>	

## Sunday, November 4th

<b>7:30 – 8:30</b>	<b>Light Breakfast – Bayside Room</b>	
	<i>Plaza I</i>	<i>Plaza III</i>
<b>8:30- 9:30</b>	<b>Marvin Berman via Zoom</b> Vielight- Wearable photobiomodulation technology – NO CE's	
<b>9:40- 11:10</b>	<b>Lightning Rounds</b>  <ol style="list-style-type: none"> <li><b>1. Yair Lurie</b> Ambulatory HRV Biofeedback for hypertension and depression</li> <li><b>2. Dr J. Acosta-Urquidi-</b> EEG correlates of Kundalini activation</li> <li><b>3. Dr. Shari Shamsavari:</b> Self-regulation and Children's Enhancement.</li> </ol>	<ol style="list-style-type: none"> <li><b>4. Jay Gunkelman</b> Drowsiness/vigilance and EEG</li> <li><b>5. Dr. Matt Fleischman</b> Taking Neurofeedback Where It's Needed Most"</li> </ol>
<b>11:30-12:30</b>	<b>Lucia Foster-Engen and Cody Gustaveson</b> Emotional Resilience Training: How to use our natural resources to manage anxiety, stress, and emotional eating	<b>Dr. Siegfried Othmer-</b> The unique contribution of NFB to autonomic regulation
<b>12:30 – 1:00</b>	<b>Wrap Up and Closing Comments</b>	

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