

**WESTERN ASSOCIATION FOR BIOFEEDBACK AND NEUROSCIENCE**  
**Wednesday, August 2<sup>nd</sup>, 2017 8pm (PST)**  
**Regular Monthly Meeting of the Board of Directors**

**Call in: 641-715-3276**  
**Code: 1080072#**

- I. Call to Order:** Meeting called by Amir Ramezani (President) at 8:05pm
- II. Members Present:** Jane Kingston (Secretary/Treasurer), Leighton Grampp (Student Committee) Katee Wynia (Membership), Gary Schummer (Law & Ethics, Past President) John Mekrut (President-Elect), Keerthy Sunder, Amir Ramezani (President)  
Also in Attendance: Serena Wadhwa (Executive Director)  
Members absent: Kathryn Kimball (PR & Marketing), and Rick Harvey (Ex-officio)
- III. Approval of July Minutes:** Motion to accept by Jane, 2<sup>nd</sup> by Gary. Abstentions-one. Minutes approved.
- IV. Officer's Reports**
- a. President: Will wait until after other reports.
  - b. Secretary/Treasurer: Jane reported current status. 6724.79 in WF. QB is 11,114.49. Amir asked about the discrepancy and the funds available in WF. Serena mentioned the discrepancy is being looked into. Amir stated that WABN will be at \$5000 at the end of this month and that we need to go on for another four months for costs and asked about conference costs, which by October will be around 5000, and we will be about \$2000 short by October. Amir commented that the fundraiser will help in the next year. Jane asked who was on the committee and Serena responded with whomever received the email. Jane reported she didn't have any ideas to help. Keerthy mentioned he is meeting with several potential exhibitors (including Do Terra, Metagenics, etc.) Keerthy asked about an app for flyer and Amir stated there is a sponsorship and vendor form and (Serena's call dropped).  
Amir mentioned about finding free space in Nor Cal or So Cal and maybe we can have someone donate a workshop or a wellness day or an art auction and will be a good idea to implement. Indicated we will be in the red and asked what others thought. Amir also commented that if we approach others and let them know what we do and that we need help to get some ideas to make this happen. Jane mentioned we can invite the membership to help and Katee stated we have about 85 members. Jane inquired about sending a letter to ask for help and John agreed, stating that people don't want to travel and maybe we can create a GoFundMe (GFM) page. Some suggestions of the reward levels were mentioned. Jane mentioned we did this last year and it helped. John and Kathryn can put some ideas together and Amir asked the board if this is something we can do. Amir confirmed that John will connect with Kathryn and send the plan to the board. All approved. Amir stated that perhaps each person can donate something so to think about what one wants to donate. Can donate books, signed copies of books, dinners, services including hours towards board certification. GoFundMe to be created within two weeks. Amir thanked John for this idea.
- V. Committee Reports**
- a. Marketing & PR (Kathryn) Absent
  - b. Education (Gary) Gary sent the educational piece to the board for review, a manual for new board members and asked the board for approval to give new members. Jane stated she will review over the weekend and thanked Gary for this. John mentioned the discrepancy between the actual and standing. Gary stated will need to form a nominating

**Upcoming Meeting Dates:**

**September 6<sup>th</sup>**

**October 4<sup>th</sup>**

**November 1<sup>st</sup>**

**December 6<sup>th</sup>**

**WESTERN ASSOCIATION FOR BIOFEEDBACK AND NEUROSCIENCE**  
**Wednesday, August 2<sup>nd</sup>, 2017 8pm (PST)**  
**Regular Monthly Meeting of the Board of Directors**

committee-as this is done 150 days before the annual conference (so to be done in May). Gary stated that board members have elected new members and that we bypassed the nomination process and John mentioned may not know about this. Gary has this as a priority and Amir agreed, asking if there's anyone we want to begin with and John offered we can start this process for next year. Gary mentioned he will be cycling out as well as Jane. John indicated that because of finances that a nominating committee is not necessarily a priority due to other needs. Gary mentioned board members can tag someone who is willing to serve on the board starting in November. Amir mentioned Mark Johnson and John mentioned Leslie. Jane indicated that Siegfried may know Leslie.

- c. Ethics (Gary) no report
- d. Conference Committee (Amir)
- e. Student Committee (Leighton) : Leighton will be replaced and has been talking with students. She discussed how last year was overpromised in terms of the conference so she wanted to check on this. This year, dinner is included in the ticket. Discussed how scholarships covered cost and she doesn't believe it's too much to ask for students to become members. Amir asked about access to the student base on campus and Leighton will send something to all campuses in September. She sent the flyer/application and speaking list for the conference. Amir asked about a student version for lightning talks. Leighton mentioned students are not in session. May be able to do a poster session for next year. Amir asked about the next generation-deadline to mid-end of September for students to submit lightning talks on research. Leighton will submit her dissertation idea. Amir asked what the board thinks and Jane agreed. John asked if there were things that the students wanted to know from the veterans and Leighton put out there that this will be appreciated as students have questions about getting into the field and certification. So add a two hour space where students can talk and with veterans and give some expertise. Leighton mentioned Rick talked impromptu with students at the conference and they liked this. John mentioned formalizing this to help bind students to the organization. Board agreed to this fit. Leighton will email this when the semester starts in August. She also has a couple of people in mind for the board.
- f. Membership committee (Katee): will work on membership this weekend. Asked on software and will be inputting information and recruiting members. Will use Constant Contact. Jane mentioned how someone asked about what is WABN and believed the organization is becoming more recognized out there.
- g. Financial (Jane): see above
- h. Editorial Committee: Newsletter is coming together. Waiting on two re-writes and additions. Amir mentioned the flyer update. Gary asked about this newsletter and if there's four and confirmed. Inquired that getting back to four seasonal newsletters that it is something to put in front of others.

**VI.** Annual Conference Committee:

**VII.** Board members to post on social media (schedule)

**VIII.** Summer newsletter

**IX.** Executive Director Report?

**X.** Potential Collaboration with UCLA/WABN workshop presentation (Dr. Stephen Sideroff)

**XI.** 2016 Annual Conference evaluations

**XII.** Miscellaneous

- a. Discussion of BOD calls structure (open and closed sessions)

**Upcoming Meeting Dates:**

**September 6<sup>th</sup>**

**October 4<sup>th</sup>**

**November 1<sup>st</sup>**

**December 6<sup>th</sup>**

**WESTERN ASSOCIATION FOR BIOFEEDBACK AND NEUROSCIENCE**  
**Wednesday, August 2<sup>nd</sup>, 2017 8pm (PST)**  
**Regular Monthly Meeting of the Board of Directors**

**ANNOUNCEMENTS:** Amir asked if there was any other updates or things to share. No comments.  
**ADJOURNMENT:** Leighton motioned to end the meeting. Amir second. Meeting ended at 9:01pm.

**Upcoming Meeting Dates:**  
**September 6<sup>th</sup>**

**October 4<sup>th</sup>**

**November 1<sup>st</sup>**

**December 6<sup>th</sup>**